

2011 MBW Marlins
Practice Schedule - Rev. 3

Dates	Mills Branch Pool			Woodstream Pool		
	Times	Age Group	Time Amount	Times	Age Group	Time Amount
After School:						
Spilt Pools						
May 17 - June 1	3:55-4:40 pm	9 & 10 GIRLS	45 minutes	3:55-4:25 pm	6 and under GIRLS	30 minutes
<i>Week 3-6</i>	4:40- 5:25 pm	11 & 12 ALL	45 minutes	4:25-4:55 pm	6 and under BOYS	30 minutes
	5:25-6:40 pm	13 and ups	1 hour and 15 minutes	4:55-5:25 pm	7 & 8 GIRLS	30 minutes
				5:25-5:55 pm	7 & 8 BOYS	30 minutes
				5:55-6:40 pm	9 &10 BOYS	45 minutes
Morning Practice						
June 2-3	7:00-8:00 am	13 and up	1 hour	7:00-7:45 am	6 and under ALL	45 minutes
<i>Week 6</i>	8:00-8:45 am	9 & 10 BOYS	45 minutes	7:45-8:30 am	9 & 10 GIRLS	45 minutes
	8:45-9:30 am	11 & 12 ALL	45 minutes	8:30-9:00am	7 & 8 GIRLS	30 minutes
				9:00-9:30 am	7 & 8 BOYS	30 minutes
June 6-10	7:00-8:00 am	13 and up	1 hour	7:00-7:30 am	7 & 8 GIRLS	30 minutes
<i>Week 7</i>	8:00-8:45 am	11 & 12 ALL	45 minutes	7:30-8:00 am	7 & 8 BOYS	30 minutes
	8:45-9:30 am	9 & 10 BOYS	45 minutes	8:00-8:45 am	6 and under ALL	45 minutes
				8:45-9:30 am	9 & 10 GIRLS	45 minutes
June 13-17	7:00-7:45 am	9 & 10 BOYS	45 minutes	7:00-7:45 am	9 & 10 GIRLS	45 minutes
<i>Week 8</i>	7:45-8:30 am	11 & 12 ALL	45 minutes	7:45-8:15 am	7 & 8 BOYS	30 minutes
	8:30-9:30 am	13 and up	1 hour	8:15-8:45 am	7 & 8 GIRLS	30 minutes
				8:45-9:30 am	6 and under ALL	45 minutes
June 20-24	7:00-7:45 am	11 & 12 ALL	45 minutes	7:00-7:30 am	7 & 8 BOYS	30 minutes
<i>Week 9</i>	7:45-8:45 am	13 and up	1 hour	7:30-8:00 am	7 & 8 GIRLS	30 minutes
	8:45-9:30 am	9 & 10 BOYS	45 minutes	8:00-8:45 am	6 and under ALL	45 minutes
				8:45-9:30 am	9 & 10 GIRLS	45 minutes
Morning Practice						
June 27-July 1	7:30-8:30 am	10 and under	1 hour			
<i>Week 10</i>	8:30-9:30 am	11 and ups	1 hour			
<i>Invitational Swimmers</i>						