



Practice Times MBW Marlins 2010 Season



Dates	Mills Branch Pool			Woodstream Pool		
	Times	Age Group	Time Amount	Times	Age Group	Time Amount
Rookie Camp	5:15-5:45 pm	6 and under ALL				
April 19-23	5:45-6:30 pm	7-10 (New Swimmers to team and those moving up to 7-8 age group)				
	6:30-7:15 pm	11 and up (New Swimmers to team and those moving up to 11-12 age group)				
After School:						
One Pool	4:30-5:15 pm	13 and ups	45 minutes			
April 26- May 7	5:15-5:45 pm	6 and under				
<i>Week 1-2</i>	5:45-6:30 pm	7 & 8	45 minutes			
	6:30-7:15 pm	9 & 10	45 minutes			
	7:15-8:00 pm	11 & 12	45 minutes			
After School:						
Spilt Pool						
May 11-June 2	4:30-5:30 pm	9 & 10	1 hour	4:30-5:15 pm	6 and under GIRLS	45 minutes
<i>Week 3-6</i>	5:30-6:30 pm	11 & 12	1 hour	5:15-6:00 pm	6 and under BOYS	45 minutes
	6:30-7:30 pm	13 and ups	1 hour	6:00-6:45 pm	7 & 8 BOYS	45 minutes
				6:45-7:30 pm	7 & 8 GIRLS	45 minutes
Morning Practice						
June 3-4	7:00-8:00 am	13 and ups	1 hour	7:00- 8:00 am	Open Practice	Two Lanes
<i>Week 6</i>	7:45-8:45 am	11 & 12	1 hour	7:15- 8:00 am	7 & 8 GIRLS	45 minutes
	8:30-9:30 am	9 & 10	1 hour	8:00- 8:45 am	7 & 8 BOYS	45 minutes
				8:45 - 9:30 am	6 and under ALL	45 minutes
Morning Practice						
June 7-13	7:00-8:00 am	11 & 12	1 hour	7:00- 8:00 am	Open Practice	Two Lanes
<i>Week 7</i>	7:45-8:45 am	9 & 10	1 hour	7:15- 8:00 am	6 and under ALL	45 minutes
	8:30-9:30 am	13 and ups	1 hour	8:00- 8:45 am	7 & 8 GIRLS	45 minutes
				8:45 - 9:30 am	7 & 8 BOYS	45 minutes
Morning Practice						
June 14-20	7:00-8:00 am	9 & 10	1 hour	7:00- 8:00 am	Open Practice	Two Lanes
<i>Week 8</i>	7:45-8:45 am	13 and ups	1 hour	7:15- 8:00 am	7 & 8 BOYS	45 minutes
	8:30-9:30 am	11 & 12	1 hour	8:00- 8:45 am	6 and under ALL	45 minutes
				8:45 - 9:30 am	7 & 8 GIRLS	45 minutes
Morning Practice						
June 21-27	7:30-8:30 am	10 and under	1 hour			
<i>Week 9</i>	8:30-9:30 am	11 and ups	1 hour			
<i>Invitational Swimmers</i>						

Pool Numbers

Mills Branch - 281-360-3688

Woodstream - 281-361-6519